



**TOP 5%
IN THE NATION
FOR QUALITY**

by **HEALTHGRADES**
GUIDING AMERICA TO BETTER HEALTHCARE

extra

News for Owensboro Medical Health System Employees

“We want to promote health as well as make it easier and more accessible.”

QUOTE OF THE WEEK

Collette Carter,
on the HIP program



WHAT'S INSIDE

Morrison employees donate to the Foundation For Health p.2

Get Movin' 2012 set to begin p.3

New hospital photos p.4

Smoke free campus policy starts January 1



Employees can find information about the policy on www.MyOMHS.org

It has been almost a year since the OMHS Board or Directors passed a wellness resolution which includes a smoke free campus policy. At the end of December the

smoking huts came down and that policy takes effect January 1 at the hospital and all of OMHS' facilities. According to a recent employee opinion survey, over half of employees stated that permitting smoking on OMHS property was very contrary to the hospital's mission to "Heal the sick and to improve the health of our community."

Throughout the year the journey to a smoke free policy has had several milestones, including the removal of several of the hospital's smoking huts. Employees interested in learning more about the policy or watching an informational video about becoming a smoke free facility can log onto www.MyOMHS.org. You will also find maps of some of OMHS' facilities and information about becoming a non-smoker on that site.

Employees interested in quitting may be eligible to have smoking cessation products paid for through the (Continued on page 4)

Changes coming to HIP in 2012



There will be new incentives and more opportunities for employees to participate

In January OMHS employees will see positive changes to the organization's Health Improvement Plan (HIP). Starting with dropping the need to register for the program during open enrollment this year, all employees – part time, full time and PRN are eligible for the program.

“We want to promote health as well as make it easier and more accessible,” said Collette Carter, director of the HealthPark.

The first quarter will be the same as in previous years. Every employee interested in participating will need to schedule a screening, which will include a cholesterol check, blood pressure screening and height weight and circumference measurements. Screenings can be scheduled and are currently available in Lawson. You will need to call Nancy Velotta at 688-4881 to schedule a screening for a spouse not employed by OMHS.

For credit in the second quarter of HIP, employees will need to go online and fill out their HRA information. More information about how to access that site and what you will need to do will be shared as the second quarter gets closer.

(Continued on page 4)



Upcoming events at OMHS:

January 13, 2012 Bunco Party

There will be a Bunco party in the Parrish Avenue Conference Center at 6:30 p.m. The event is open to all OMHS employees and a guest. Register to play by contacting Lisa Knott at 685-7713 or Krissy York at 685-7719. Admission is a \$5.00 donation to the HOPE fund. There will be snacks, door prizes and game prizes.

Morrison employees donate to Foundation For Health



Morrison Food Services employees recently made a generous donation to the employee campaign for the new hospital. Pictured in the back row from left to right are Adam Edwards, Linda Shouse, Jacqueline Jackson, Dora Smith, Adam Clary, Val Knight. Pictured in the front row from left to right are Sharon Frakes and Fred May, chair of the Foundation for Health. Employees raised \$7,051 for the new hospital campaign.

Welcome new employees!



Thomas Quinn – Environmental Services; Lisa Timbrook – Cardiac Stepdown; Michelle Beasley – Cardiac Stepdown; Rachel Bunch – Cardiac Stepdown; James Campbell – Emergency Department; Zach Gholson – Emergency Department; Savannah Roach – General Surgery; Dana Coomes – Labor & Delivery; Norman 'Wayne' Baird – Security; Jarrett Allen – Pharmacy; Jessica Penrod – Pharmacy;Carolynn Weber – Pharmacy; April Worthington – Admitting; Hannah Ruby – Admitting; Amanda Boehman – Radiology; Sharon Haslett – TCC; Jared Hatfield – Human Resource Development; Jamie Rundall – Cardiac Stepdown; Deborah Seaton – HealthPark; Shara Scott – Cardiac Stepdown

Do you have an OMHS related event you'd like to share in Extra? Send it to stuart.peck@omhs.org and we'll include it in the 'Upcoming Events' section!

Robin Dennison named Director of Patient Experience



Robin Dennison has been promoted to director of patient experience at OMHS. She will lead efforts to continually improve the patient and family experience at OMHS and in its clinics.

Dennison brings 25 years healthcare experience that includes work as a hospital and clinic nurse, and most recently manager of an inpatient nursing unit. She holds a nursing degree from the University of Kentucky.

Judy Powers named Manager of Home Care Services



Judy Powers has been named manager of Home Care Services at OMHS.

Powers began her nursing career in 1983 at Owensboro-Daviess County Hospital. In addition to her experience in critical care, Powers also served as a quality specialist in Home Care. She has also held positions in a number of supervisory and management roles in home care and hospice services.

Holiday food drive wraps up with huge success

Thousands of items were donated to the Help Office in Owensboro.

OMHS employees stepped up and donated food, toiletry items and cleaning supplies by the box loads during the 2011 Holiday food drive. Materials Management estimates eleven pallets were filled and over 3,700 items were donated.

“Sharon Sharp at the HELP office noted that in the organization’s history she has never seen the shelves filled as they are right now,” said Debbie Zuerner Johnson, community outreach manager for OMHS. “This is all thanks to OMHS’ kindness and giving.”

Help Office staff had to make several trips to OMHS and its facilities to get all of the items. In the final days of the drive departments stepped up and had events to help raise money to purchase even more items.

OMHS Primary Care Center moving



The Primary Care Center will be moving its location from the Parrish Medical Office Building to Suite 401 on the fourth floor of the Breckenridge Medical Office Building. The center moved the week of December 26 and will open in its new location on Tuesday, January 3.

Dirck Curry, DO and Susan Daniels, APRN, are the medical providers at the Primary Care Center.



Get Movin' 2012 Challenge slated to kick off in January

Registration ends December 30th. Over 150 teams are registered for the 12 week challenge.

In its third year of existence, the Get Movin' Challenge is seeing the community once again step up or a chance to win prizes and get in shape. Over 150 teams are currently signed up for this year’s challenge, which gets underway January 2 and runs through March 25, 2012. Last year teams logged over four million minutes in the challenge and several stories of participants shedding pounds and getting into shape emerged.

All participants need to have a pre-assessment. For dates and times as well as other information you can log on to www.getmovin2012.com.

Prizes include HealthPark memberships and grant money, depending on which category your team enters. Check the Get Movin' website weekly for the latest standings during the challenge.

Updates on...

The New OMHS Hospital

The New Home for Quality Care



Visit www.omhs.org and view the live webcam to follow the construction progress on the new hospital.



New Hospital Photos



Construction continues on the bed tower.



Crews work on the collaboration hub on the ninth floor.



A bank of elevators at the new hospital.

Front: Smoke Free

OMHS health insurance plan. All employees need to do is obtain a prescription for the product from their doctor and purchase the product through a pharmacy. There is a \$15.00 co-pay but no annual limit on how much of the product can be purchased. Even if you are not on the hospital's insurance plan you can still be reimbursed for the purchase of smoking cessation products up to \$200/year. Make sure you save your receipt and fill out the Reimbursement for Nicotine Replacement Therapy claim form which can be found on MyOMHS.org. Send the receipt and completed form through interoffice mail to Windy Howard in Human Resource Development.

OMHS strives to be the leader in healthcare in our region and leading through example is a large part of improving the health of our community.

The following grid will help assist in utilizing the health insurance and the nicotine replacement therapy policy to

purchase nicotine replacement products. Contact Windy Howard in Human Resources at 685-7704 with any questions.

If you have OMHS Insurance

- Obtain a prescription for smoking cessation products from your doctor
- Purchase the products through a pharmacy
- Your cost for each product will be a \$15 co-pay
- There is no annual limit

If you do not have OMHS insurance

- Keep the receipt after you purchase your smoking cessation products
- Complete the Reimbursement for Nicotine Replacement Therapy Claim located at www.MyOMHS.org
- Turn in the form and receipts to Windy Howard in Human Resource Development
- Employees can receive up to \$200 reimbursement annually (calendar year)

Front: HIP Changes

During the third and fourth quarters of the HIP program, participants will have the opportunity to participate in a number of health improvement activities such as one-on-one coaching sessions at the HealthPark or Cooper/Clayton smoking cessation

classes. Activities such as the Get Movin' Challenge and Milestone Club will also be accepted for third and fourth quarter activities. In lieu of participating in a 12 - week program like the Get Movin' Challenge, employees may opt to attend four HIP classes.

Payouts for the 2012 HIP program will be different than previous years. There will be individual incentives for HIP as well as team incentives. Employees will receive \$50.00 each quarter for successfully participating in the program and an additional \$25.00 each quarter that 50% or more of an employee's department participates in the program.

"We want to build team support so employees will encourage their co-workers to participate in the program and live healthy lives," Carter said.

Employees will also have a chance to participate in the fourth quarter of the program even if they miss the third quarter. In years past, if an employee missed the third quarter of HIP they were automatically ineligible for the fourth quarter.

"Employees will have a lot of opportunities to be a part of the HIP program," said Nancy Velotta, health promotion specialist at the HealthPark. "We want employees to have a good quality of life and are working to provide easier access to wellness opportunities."