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news for Owensboro Medical Health System employees

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**"We owe our success to the outstanding team
of clinicians and physicians who focus on
quality and patient satisfaction while
providing care to our patients."**

QUOTE OF THE WEEK

Belinda Blair
on Wound Healing Center award

OMHS Wound Healing Center recognized with Center of the Year Award



The staff at the OMHS Wound Healing Center celebrate their recent honor, being named Center of the Year by Diversified Clinical Services.

**The center was chosen from 68 centers in
the Southeast region.**

The OMHS Wound Healing Center has received the Center of the Year award from Diversified Clinical Services, the hospital's partner to provide wound care services. The center exceeded goals in a number of areas, earning the single award among 68 centers in Diversified's Southeast region. Four awards were given among 300 centers nationwide, the first time ever for Diversified to present the award. Austin Day with Diversified Clinical Services said the attention to detail and quality patient care are just a couple of things that set the OMHS Wound Healing Center apart from the rest.

"This is probably the best group of people I've ever worked with," said Day. "Their concern for patients is above and beyond and the quality of the physicians here is outstanding."

Criteria contributing to the award included a 98 percent patient satisfaction rate and a 94 percent heal rate compared to an 88 percent benchmark. Patients at the OMHS center typically heal in only 28 days compared to a goal of 35.

Other criteria in determining the award included being a Center of Distinction award recipient in 2009 and 2010, named a mentor center in 2010, expanding service to MultiCare Ohio County and to area long-term care facilities as well as exceeding both quality and financial goals for 2010.

"We owe our success to the outstanding team of clinicians and physicians who focus on quality and patient satisfaction while providing care to our patients," said Belinda Blair, director of the Owensboro center.

The Wound Center staff celebrated Wednesday with an award ceremony.

Log onto
www.omhs.org
and watch
'The Extra Edition!'



**Owensboro
Medical Health System**

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Upcoming Events at OMHS

April 13th & 14th

Crucial Conversations

This 16 hour program will provide you with the opportunity to enhance your leadership skills by conducting crucial conversations.

April 16th

Last Piece of Steel Ceremony

You're invited to join OMHS in celebrating the last two pieces of steel being placed on the new hospital structure. These beams will be placed as part of a celebration for employees, physicians and community members.

May 6th

Health Career Exploration Day

This is a great opportunity for young adults to learn about many of the career opportunities available in healthcare and OMHS. This year's event will be held in the OMHS Conference Center from 8:30 a.m. to 1:30 p.m.

Do you have an OMHS related event you'd like to share in Extra? Send it to speck@omhs.org and we'll include it in the 'Upcoming Events' section!

Get Movin' 2011 coming to a close



Olivia Erb, a student at KWC, demonstrates a proper stretching technique to one of the Get Movin' 2011 teams. The fitness trail runs around Kentucky Wesleyan's campus and was made possible by the OMHS Community Benefit program.

Challenge ends March 27th, all participants are encouraged to get their post-assessment.

The 12 week fitness challenge that saw thousands of people from the community as well as OMHS employees participate is winding down and soon it will be time to tabulate the results and award prizes. Collette Carter, director of the HealthPark said the Get Movin' 2011 Community Challenge has been an overwhelming success.

"I'm excited for the post-assessments," Carter said. "This is such a great opportunity for all those participants to see how their health has improved since the beginning of the challenge in January."

Over 30 teams comprised of OMHS employees competed in the challenge with over half the teams making an appearance in the "30 minute club". In addition to the teams formed by employees there were other categories including 'Friends & Family', Business, Schools and Non-profit. One of the teams in the challenge is Kentucky Wesleyan College's "Faculty and Staff" team. Joyce Ann Evans, a member of the team said the challenge has been a great motivator for her

and fellow team members.

"We have about 60 people who signed up for the 'Get Movin' challenge so I think that says a lot for us," said Evans. "For faculty and staff we have bought into this concept and recognized the need for physical activity."

Evans and other team members from KWC got a first hand look at a new fitness trail constructed around the campus and made possible through the support of OMHS. The trail has a dozen stations that show proper stretching techniques and exercises. It is open to students, staff and community members.

"I think this will be a good way for people to get outside and do something that's physically active," said Olivia Erb a student at KWC.

With the challenge wrapping up the numbers are staggering. Close to 3.1 million minutes have been logged by participants in the challenge and over half the teams participating in the challenge are logging 30 minutes of physical exercise or more a day.

"The numbers are amazing," said Carter. "It's so encouraging to see so many people take

(Continued on back page)

Mock-up walk through at the Business Center



Clinical staff walk through mock-up patient and labor and delivery rooms at the OMHS Business Center. The rooms are built to scale and give staff the opportunity to see what the interior of the new hospital will look like. The mock-ups are also an opportunity for various units to give their input about the patient rooms.

Teams forming for this year's Relay for Life event

OMHS Survivor's Event will be held on Friday before the Relay for Life at Diamond Lakes Resort.

The American Cancer Society's signature fundraising event is quickly approaching and as in years past, OMHS will be a big part of the festivities. The hospital has been recognized by ACS with the 'Multiple Team Excellence' award the past three years. Last year alone, the hospital had 20 teams raise over \$11,000 according to Kiersten Horseley, the community representative with ACS.

"OMHS has been great in helping us fund our mission," said Horseley.

The kickoff for this year's Relay for Life was held earlier in March and there is still room for teams interested in participating. The money raised from the relay goes to fund education, advocacy, research and service programs for cancer patients in the

Owensboro area. One such program is a transportation grant that provides gas vouchers to help patients get to the Mitchell Memorial Cancer Center for chemotherapy treatments.

In addition to the Relay for Life, the hospital is also hosting the OMHS Survivor's Event held for those who have undergone or are currently going through cancer treatment at OMHS. This year's dinner is May 20th at Diamond Lake Resort and immediately precedes the Relay for Life. Last year an estimated 200 people attended the survivor's events.

If you'd like more information about forming a team or the Relay for Life you can contact the American Cancer Society in Owensboro by calling (270) 685-8701 or log onto www.relayforlife.org/daviess. More information about the OMHS Survivor's Event is coming soon.

Healthy lifestyles



If you're looking for some healthy tips, look no further than OMHS' webpage! WWW.OMHS.org has great tools like a health calculator as well as games and quizzes. All you have to do is type 'Wellness tools' in the search box at the top of the homepage.



New Information!
HIP participants can now go into Lawson and sign-up for a 2nd quarter coaching session.

To be eligible for the 2nd quarter, participants need to complete the online Health Risk Assessment questionnaire.

All screenings will be held in the Ford Medical Office Building suite 201 during March. All HIP participants will need to fast 10 to 12 hours before their screening.

Employees not covered by OMHS' insurance plan can now access the Health Risk Assessment questionnaire online.

If you have questions you can contact Nancy Velotta at 688-4881.

Lisa York promoted to Emergency Department Manager

Lisa York has been promoted to the position of ED Manager. York has been a registered nurse in the ED since 1992 and most recently served as the Clinical Supervisor on day shift. Her extensive experience and knowledge in the Emergency Department will be invaluable according to Debbie Poole, director of emergency services for OMHS. York's future goals include creating the best patient experience possible for the ED patient and pursuing an advanced degree in nursing. She began her new role earlier this month.

Two new pharmacies for employees to get maintenance medications

Employees now have two new, local pharmacies which are offering a 90 day supply of maintenance medications for the cost of two monthly co-pays. Nations Medicine on Alvey Park Drive in Owensboro and the Rockport Pharmacy on Main Street in Rockport, Indiana will now offer this service.

If you have any questions you may contact Windy Howard in Human Resource at (270) 685-7704.

Do you have a story for Extra?
Send an email to
stuart.peck@omhs.org.

Welcome new employees!



Whitney Hammers – Laboratory; Lisa Henry – Behavioral Health; Cordie Bowman – Medical 6-5; Sabrina Kirk – ICU; Alesha Keown – Emergency Department; Teresa McReynolds – Orthopedics; Kristin Ethridge – Laboratory; Mallorie Drury – Laboratory; Travis Mason – Facilities; Hallie Thurman – HealthPark; Courtnie Coulson – H.I.M.; Valerie Brewer – H.I.M.; Matthew Hasler – Laboratory; Jamie Murphy – Center for Women's Health
(Not pictured: Krissy York – Human Resource Department)

Get Movin' (continued)

charge of their health and try to live a better, more physically fit lifestyle.”

With the challenge coming to an end post-assessments are preparing to begin. In order for a team to be eligible for prizes every member of the team has to participate in a post-assessment. The following dates are available for post assessments:

Monday March 28
12:00 p.m. - 7:00 p.m.

To schedule a post assessment, call the HealthPark at 688-5433.

Want to see KWC's fitness trail? Log onto www.omhs.org and watch 'The Extra Edition'!



Instructional signs mark each station and show patrons proper exercise and stretching techniques.