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extra

news for Owensboro Medical Health System employees

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“I think our committee is more about creating a patient and family centered environment and furthering the vision of OMHS.”

QUOTE OF THE WEEK

Kelly Armour
on the Patient Family Advisory Council

New OMHS data center offers more room to grow



Room to grow; the new data center at OMHS houses all of the organization's drives and information necessary to run the hospital and help employees do their job faster.

While OMHS continues to grow the need for traditional computer servers shrinks

Behind each of the hospital's computers is a network which leads to the OMHS data center in the hospital. It's the hub of all the organization's information coming in from all the facilities stretching from Tell City, Indiana to Madisonville, Kentucky.

We are implementing technology in the new data center that offers low-cost growth, increased flexibility, simplified monitoring and rapid deployment,” said Darin Sullivan, the networking team leader with Information Systems at OMHS. “What used to take days to implement now takes minutes.”

Sullivan said it was time for an upgrade from the hospital's old data center to a new location. Earlier this year, new network and service infrastructure was built in the area near the Emergency Department entrance. They were running out of room and having issues keeping up with power and cooling with the growth of application servers.

“We have to have a server that can handle the demands of an organization this size,” according to Rex Vaughn, executive director of Information Systems for OMHS. “With Epic starting up and the ever increasing need for internet access to do our jobs, having a network that can move as fast as our employees was critical.”

Using technology called “virtualization,” we are able to put more applications on a server, which allows us to lower hardware costs, increase energy efficiency, build business continuity, and centralize administrative tasks while improving scalability and workloads.

“Virtualization saves money by reducing the number of servers you need to run,” said Sullivan. “Fewer servers means less hardware costs and less energy is needed to run the system.”

When the new hospital is completed and comes online, it will be run from a Data Center there as well. With technology we are putting in place today, and what we implement at the new hospital, we are building business continuity.

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Log onto www.omhs.org and watch 'The Extra Edition'!

**Owensboro
Medical Health System**

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Patient/Family Advisory Council makes a positive impact!

Upcoming Events at OMHS

June 16th

MyChoice Bariatric Surgery Group Meeting

MyChoice, a weight loss support group for people who have had—or who are in the process of having any type of weight-loss surgery—meets the third Thursday of every month at 6:30 pm at the HealthPark Chapel. For more information contact Jan Neal at 685-7197.

June 23rd – 25th

Camp Wheeze Away

This three day camp is opened for children who suffer from asthma. The camp is held at the HealthPark each year. Volunteers are needed to help facilitate this year's camp. If you're interested in volunteering for Camp Wheeze Away, you can contact Leah Moore at 688-5204 or Janie Walther at 688-4878.

June 28th – 30th

Seven Habits of Highly Effective People

This three day workshop provides the foundation to strengthen the human side of performance at the personal, managerial and organizational levels. If you'd like to signup for this class, log into Lawson and go to the courses section.

August 15th – 26th

OMHS Employee Town Forums

Employees will have a chance to hear an update on several major projects currently underway including Epic and the new hospital construction. Watch future editions of Extra for more information on times and locations.

Do you have an OMHS related event you'd like to share in Extra? Send it to speck@omhs.org and we'll include it in the 'Upcoming Events' section!



Members of the Patient/Family Advisory Council include (front) Kelly Armour, Volunteer Services; (second row) Cynthia Alvey, Nursing Education; Susan O'Bryan, community representative; Debbie Luttrell, Volunteer Services; Herb Morris, community representative; (third row) Peggy Raney, community representative; Tammy Marksberry, Medical Staff Office; Bonnie Brown, Pastoral Care; Tom Rowe, community representative; and, Denis Davis, community representative. Not pictured: Joe Overby, Organizational Development, Melanie Ewing, Case Management and Mike Kublhn, community representative.

The group helps give feedback to various departments about what patients need

Story & Photo by:
Mike Kuhlin – Volunteer Services

It's not obvious, but patients and their families at OMHS have a guardian angel looking out for them in the form of the hospital's Patient/Family Advisory Council.

Formed in 2008, the advisory council has been instrumental in such things as identifying the need for the Patient-Family Relations Specialist in the lobby, extending visitation hours in the critical care units, evaluating and providing feedback on education materials for Marketing, Nursing Education and the Kentucky Cancer Program, and – most recently – the new Patient Visitor Guide including a map of the hospital.

Team members include representatives from both the hospital and the community. OMHS participants include representatives from Case Management, the Medical Staff Office, Nursing Education, Volunteer Services, Pastoral Care and Organizational Development.

Six members of the community were also recruited to serve and joined for various reasons.

"I've been a patient and a family member of a patient several times," said Tom Rowe, one of the council's members. "I felt I could make a contribution when I learned of the impact this committee would have."

Susan O'Bryan, another community representative, was asked to join the committee just after her mother-in-law had been a patient at OMHS.

"While she received great treatment, communication between the staff and family was a little lacking," she said. "I felt that if I could help in any way represent the patients and their families in reviewing hospital processes and practices, I would be contributing."

Kelly Armour, manager of Volunteer Services and the Gift Shop, chairs the committee. While she is pleased with the impact and results the group has had to-date, she would like to see the views and opinions of patients and family incorporated in all of the hospital's work groups and teams.

"I think our committee is more about creating a patient family centered environment and furthering the vision of OMHS," she added. "We need to actively listen to those we serve."

Cancer Survivor's Event



Guests check in for the Cancer Survivor's Event held at Diamond Lake Resort in May. It was an event that packed the house and left standing room only as survivors celebrated.



Dr. Jewraj Maheshwari takes the stage to assist comedian Kevin King during his performance.

Pharmacist receives Preceptor Recognition



OMHS Surgery Pharmacist, Sandy Berger received the Preceptor Recognition Certificate during a recent meeting. The recipient is selected, by the pharmacy students participating in the UK pharmacy program at OMHS, because of their outstanding teaching and professionalism

Healthy lifestyles

**Healthy summer picnic ideas!
Lots of flavor without the fat.**

Appetizer: Whole-wheat baguette with hummus or a fresh vegetable sampler with low-fat dressing.

Main Course: Grilled vegetables, turkey burger, chicken breast, or fish. A skinless chicken breast has about 16 fewer grams of fat than a hamburger.

Side Dish: Potato salad with vinaigrette instead of mayonnaise, that can save you another 15 grams of fat, low-fat vegetarian baked beans.

Dessert: Summer fruit salad of fresh berries and melons.

Remember! Keep foods cold. Perishable foods, luncheon meats, salads, and spreads need to be kept on ice or in well-insulated coolers. When the temperature hits 90 degrees, you can't trust food that's been left out for more than an hour.



The second quarter is almost over and there are only five coaching sessions remaining. In order to stay in the HIP program you must attend a second quarter coaching session.

All HIP coaching sessions scheduled now through June 30 have been relocated to the Ford Avenue medical office building, suite 201.

If you registered for a session on the Parrish Campus you can still attend on the day and time of your registration, but at Ford Avenue. Employees may park in the lot on the corner of Ford and Mayfair.

If you need to change the date of your coaching session, you may cancel and reschedule in Lawson. If you have questions call Nancy Velotta 688-4881 or email nancy.velotta@omhs.org.

HIP participants can now go into Lawson and sign-up for a 2nd quarter coaching session.

From front: Data



Space was in short supply in the old server area, located in the Information System building adjacent to the hospital Emergency entrance.

We want to make it so that the end user will know if they are working off a server in the data center, or a server at the new hospital.

Smoking is the #1 preventable cause of death.

If you need assistance to help stop smoking, contact Nancy Velotta (688-4881) or Jean Julius (688-4856).

Welcome new employees!



Joseph Madden – Emergency Department; Joanna Zuniga – Rehab; Jasen London – Rehab; Dana Campbell – Medical 6-5; Kasey Amos – Medical 6-5; Jessica Gholson – Patient Transport; Brittany Richeson – Patient Transport; Kelsi Phelps – Patient Transport; Jonathon Troutman – Patient Transport; Chelsea Birchler – Radiology; Amanda Bozarth – Radiology; Jessica Smith – HIM; Layla Eubanks – Family Care Unit; Jeffrey Arntz – Security; Merranda Wethington – Clinic at Walnart; Brittanie Russin – MultiCare Madisonville; Wendi Morgan – McAuley Clinic; Connie Nugent – McAuley Clinic



Dustie Frizzell – Emergency Department; Jessica Deckard – Transitional Care; Sue Ellen Lindsey – Patient Transport; Krista Thomas – Patient Transport; Elizabeth Gentry – Nursery; Misty Sowders – CSU; Marci Benson – CSU; Wendy Howard – Medical Telemetry; Sarah Muffett – Family Care Unit; Laura Buskill – Radiology; Whitney Walker – Radiology; Christopher Fruit – CCU; Destiny Payne – CCU; Karen Lain – HIM; Michelle Hayden – Physician Recruiting; Cheryl Elder – Behavioral Health; Hilary Pritchard – Outpatient Behavioral Health; William Buck – Bone & Joint Center; Mary McGlothlin – MultiCare Madisonville