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extra

news for Owensboro Medical Health System employees

“To increase patient and employee satisfaction the cost was small; you can’t put a price on satisfaction.”

QUOTE OF THE WEEK

Jean Byrd
Director of Extended Care Services

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Transitional Care Center expands



Flowers help brighten the halls of the new TCC wing. Patients were moved to their new rooms last Thursday.

TCC will now offer all private rooms. Several rooms were semi-private before the expansion.

After months of preparation the Transitional Care Center has expanded into 3-2, the old pediatrics unit. The expansion means all patients admitted to TCC will now have private rooms. Before the move patients were in semi-private rooms on 3-3.

The new wing got a fresh coat of paint and some minor changes were made to help patients but according to Jean Byrd, Director of Extended Care Services at OMHS, the cost to expand was minimal.

“To increase patient and employee satisfaction the cost was small,” said Byrd. “You can’t put a price on satisfaction.”

Last Wednesday TCC held an open house to let employees get a sneak peek inside the newly redone wing. On Thursday patients were moved into their new rooms.

“I can’t brag enough on the staff,” said Byrd. “They’ve worked so hard in this expansion.”

Byrd said the expanded unit will allow nurses and staff to do bedside reporting on a patient and it will allow doctors to have private conversations with their patients. The expanded TCC has also allowed for a conference room for staff meetings.

Byrd said her staff has tried to think ‘LEAN’ throughout the whole process. Once everything is complete with the expansion, plans are in the works to repaint the current unit, 3-3.



**Owensboro
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Do you have a story for Extra? Send an email to speck@omhs.org.



Upcoming Events at OMHS

August 9th – 12th

Employee/Community Blood Drive

The Western Kentucky Regional Blood Center will provide a blood drive for OMHS employees and the community. The Bloodmobile will be making stops at the Business Center and Hospital. By donating you will receive a WKRBC t-shirt and \$5.00 will go to the HOPE Fund for your successful donation.

Monday, August 9th
9:00 a.m. – 1:00 p.m.
OMHS Business Center

Wednesday, August 11th
5:00 p.m. – 9:00 p.m.
OMHS Parrish Campus
Conference Center

Thursday, August 12th
6:30 a.m. – 5:00 p.m.
OMHS Parrish Campus
Conference Center

S. Ryan Faught joins the Mitchell Memorial Cancer Center



S. Ryan Faught, MD

The Mitchell Memorial Cancer Center has added another cancer specialist to its medical staff. S. Ryan Faught, a radiation oncologist, is now seeing patients at the cancer center and at Owensboro Medical Health System.

Faught earned his doctor of medicine degree from the University of Louisville School of Medicine, then completed an internship and residency at the Medical College of Wisconsin Affiliated Hospitals, Milwaukee. He holds board certification in radiation oncology and is a member of several professional organizations, including the American College of Radiology, the American Society for Radiation Oncology and the American Medical Association.

Lyle Crouch joins WorkHealth



Lyle Crouch

He will be working in a newly created role as the WorkHealth coordinator.

Lyle Crouch has been named WorkHealth coordinator for Owensboro Medical Health

System. Crouch will have responsibility for marketing OMHS occupational health services to employers in Daviess County and the surrounding region. Crouch holds a bachelor of science in management from Western Kentucky University. He most recently held the position of sales representative with United Parcel Service and is a former golf professional. His office is at 2211 Mayfair, Owensboro.

OMHS Chaplain leaves for Kuwait



Jeff Hastings (right) stops for a picture with his wife, Criss, and son, Logan, during a send off party at the hospital

He plans to take Top 5% t-shirts to the troops

Last week was bittersweet for Jeff Hastings, a Chaplain in the Pastoral Care department at OMHS. While he had to say goodbye to his OMHS family he gets a chance to go overseas and support his military family. Hastings left Saturday and will be serving in the 718th Transportation Battalion. Based in Kuwait, he will offer support to 1,500 soldiers, 500 in Iraq and 1,000 in Afghanistan. Last Wednesday employees got a chance to say goodbye at a sendoff at the hospital. Hastings wife, Criss, and son, Logan, who is an active duty soldier with the 101st Airborne Division at Fort Campbell, were also at last week's sendoff.

"Jeff's ministry within our department and to our OMHS patients, families and staff has been such a blessing. I know he will bring the same level of compassionate care and skilled ministry to our men and women in uniform," said Bonnie Brown, manager of Pastoral Care.

He will do a year long tour in the Middle East where he will serve as a military chaplain supporting the troops based on those two fronts.

Cooking up a great summer program

The Chefs of the Future program was awarded a Community Benefit grant

You could describe it as three days of culinary boot-camp but for 17 kids it was three days of fun and learning about nutrition, cooking and table etiquette.

“I got with the extension office and said I have an idea,” said Becky Atherton, the coordinator of the ‘Chefs of the Future’ summer program.

In its first year Atherton said the program is meant to teach kids in 6th, 7th and 8th grades about the importance of choosing healthy foods and how to cook.

On day one of the program kids got a chance to learn about nutrition and health using various games and activities. Students learned about the food pyramid and the importance of physical activity.

Day two was a lesson dedicated to learning about table etiquette which included practice in setting a table and reading a menu. Kids also spent time learning to read nutrition labels and discovered some of their favorite foods

have more calories than they ever would have imagined.

“The kids were surprised by the amount of calories that were in some of the foods,” said Atherton. “This gets them on the path to making healthy choices.”

On the final day of the ‘Chefs of the Future’ program the campers got a chance to set the table and cook a meal for themselves and a guest. It was an activity that allowed them to put to use the concepts they had learned the previous two days in the program. Atherton said the skills these kids learned are things they can use for the rest of their lives.

“We felt they’re getting to the age where they are cooking for themselves,” she said. “A lot of them made the comment; I can make something for myself now.”

Atherton went on to say the program was definitely a success and it wouldn’t have been nearly what it was without the help of the Community Benefit grant from OMHS. She hopes to be able to offer the camp again next summer.



3rd quarter: July 1st – Sept.24th
4th quarter: Oct. 1st – Dec.17th

HIP 2010

The 3rd quarter of HIP is underway. Below is a list of classes available during the quarter. You’ll need to know your employee ID number when attending. For a complete list of classes, log onto the intranet and go to the Health Improvement Plan section at the bottom of the right hand column.

August 4
5:00 p.m. to 6:00 p.m.
Nutrition from the Ground Up
HealthPark classroom A

August 10
12:00 p.m. to 1:00 p.m.
How Can I Relax?
New Life Education Center

August 16
5:30 p.m. – 6:30 p.m.
Humor: The Best Medicine
HealthPark classroom B

August 24
11:00 a.m. – noon
Nutrition 101
New Life Education Center

August 25
5:30 p.m. – 6:30 p.m.
High Cholesterol
HealthPark classroom A

August 17
7:30 a.m. - 8:30 a.m.
The Process of Quitting Smoking
New Life Conference Center

August 24
11:00 a.m. - 12:00 p.m.
Nutrition 101
New Life Conference Center



Employees get a peek at the new wing of the Transitional Care Center (TCC). The expansion was completed last week and an open house was held on the newly expanded unit.

- Cardiac Surgery Excellence Award™ for the second year in row
- Pulmonary Care Excellence Award™ for the sixth year in a row
- Gastrointestinal Care Excellence Award™ for the sixth year in a row
- Gastrointestinal Surgery Award™ for the third year in a row

Ask Extra!

Q. Where does the money go that is thrown into the fountain, near the Emergency Department entrance, after it is cleaned out?

A. Plumbers will routinely come and drain the fountain at which point the OMHS landscaping team will clean out all the change that has been thrown in. The money is then donated to either Volunteer Services for various patient centered projects, such as the heart pillows or pink pillows for cancer patients, or given to the HOPE fund.

Do you have a question for Extra? Send it to speck@omhs.org and we'll try and find the answer and publish it in a future edition!

Coming next week in Extra!

What happens in Vegas gets put in Extra! Get the wrap up of the latest nursing forum in next week's edition.

**Smoking is the
#1 preventable cause
of death.**

If you need assistance to help stop smoking, contact
**Nancy Velotta (688-4881)
or Jean Julius (688-4856).**

World Breastfeeding week August 1-7



Loretta Starnes

Starnes is no stranger to OMHS. She's been working in the Nursery for 16 years and is an International Board Certified Lactation

World Breastfeeding week runs August 1st through 7th this year and the theme is "Breastfeeding: Just 10 steps; the baby-friendly way". The lactation team at OMHS wants to take the time to introduce the newest member of the lactation team, Loretta Starnes.

Consultant. The lactation team is proud to offer inpatient and outpatient lactation services to the moms and babies of the community.

The lactation consultants at OMHS are working on establishing a multi-disciplinary team. They will be responsible for reviewing current policies and practices at the hospital regarding breastfeeding. In addition to this team Lactation Services is working to educate employees about the Baby-Friendly Hospital Initiative. For more information contact Lactation Services.

Construction Update



Construction crews install the first of many OMHS spread footings. Work at the new hospital has been underway for several months and you can watch all the progress on OMHS.org by visiting the new hospital construction webcam. Millions of dollars in bids have already been awarded for the project and still more bids are coming. So far 31,488 man hours have been put into the project. (Photo courtesy of Turner Construction)