

- Cardiac Surgery Excellence Award™ for the second year in row
- Pulmonary Care Excellence Award™ for the sixth year in a row
- Gastrointestinal Care Excellence Award™ for the sixth year in a row
- Gastrointestinal Surgery Award™ for the third year in a row



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extra

news for Owensboro Medical Health System employees

If you're a man between 50-70, your risk of prostate cancer may be greater than you think.

The occurrence of prostate cancer rapidly increases after a man reaches 50, and 70% of all prostate cancers strike men age 65 and over.

In partnership with the Green River Council for Cancer Education and Prevention, Owensboro Medical Health System is offering a free prostate and limited colorectal screening.

Each participant will view a five-minute video, receive a clinical exam and PSA blood test, along with a take-home kit to detect colorectal bleeding.

The American Cancer Society recommends that by age 50 men receive annual prostate-specific antigen (PSA) blood tests along with an exam of the prostate gland. Any man with a strong family history of prostate cancer—and African-American men—should begin screening at 40.

**If You're A Male Between 50-70,
Schedule Your Free Screening.**

**Prostate and Limited Colorectal
FREE Screening
One Night Only
Thurs., Sept. 16 5:00-7:30 pm**

Limited Appointments
Mitchell Memorial Cancer Center
1020 Breckenridge Street

**Pre-Registration Required
(270) 685-7100 or 1-800-811-9162**



Local Physician Practices

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**"We are committed to supporting
community organizations and charities
aligned with our mission to heal the sick and
to improve the health of our community,"**

QUOTE OF THE WEEK

Debbie Zuerner Johnson
on community Benefit
grant funding announcements

OMHS Community Benefit program announces funding



The grants went to 35 organizations in the region

Owensboro Medical Health System has awarded over \$453,000 in funding to 35 regional organizations as part of its Community Benefit Grant Program. The awards represent the last funding announcement this calendar year.



Debbie Zuerner
Johnson

"We are committed to supporting community organizations and charities aligned with our mission to heal the sick and to improve the health of our community," said Debbie Zuerner Johnson, manager of community outreach. "In addition to providing healthcare services, there are a number of agencies and organizations that we can support that help make a significant impact on the health of the communities we serve."

Non-profit organizations that provide plans for specific programs and services addressing identified community health needs may apply for grant funding. To qualify, activities must provide measurable improvement in health status, access to care, or use of healthcare resources. Funds are also available to non-profit entities that offer specific programs and activities not directly related to

healthcare. In such cases grant applications must specifically describe how the organization's services or activities address root causes of problems affecting community health. Eligible groups include economic, educational, civic, arts and cultural organizations.

Programs, services and activities must serve individuals in the OMHS service area, including Daviess, Hancock, Ohio, Henderson, Hopkins, McLean, Muhlenberg, Breckinridge and Webster counties in Kentucky; Spencer and Perry counties, Indiana.

Effective in 2011, OMHS will move to a single funding cycle with the application process beginning in April. Organizations seeking funds will be asked to submit letters of intent to determine if a good match exists between the proposed project, the OMHS mission and its goal to improve health.

OMHS continues to offer its mini-grant program year-round for such items as community event sponsorship and donations. Applications must describe the project's purpose and how it impacts health along with a project budget.

For profiles of the grant winners, watch future editions of Extra.



September 13, 2010

Volume 1, Edition 26

Do you have a story for Extra? Send an email to speck@omhs.org.



Upcoming Events at OMHS

September 20th

UofL Nursing Day

Learn about the University of Louisville nursing programs available at OMHS. You can take a tour of the classrooms and talk to a UofL Student Services Representative. The event will be from 11:00 a.m. to 3:00 p.m. on two-north in the hospital.

September 21st-22nd

7 Habits for Managers

This workshop provides specific applications for managers and includes many management tools and job aids to increase your productivity and performance. This course helps you put into practice what you learned in 'Seven Habits for Highly Effective People'.

September 23rd

Women's Health Forum

This year's forum is being held at the HealthPark from 12:00 noon to 6:00 p.m. The event will include booths and activities to help women stay informed about their health. The event is open to the public and is free of charge.

Do you have an OMHS related event you'd like to share in Extra? Send it to speck@omhs.org and we'll include it in the 'Upcoming Events' section!



United Way campaign entering final week

Silent auction to feature ball autographed by Wildcat great

It's hard to believe, but the OMHS United Way campaign is about to enter its final week. That means its crunch time—time for everyone to rally together and make things happen, says campaign chair Ward Begley.

"I am confident we will meet our goal of \$150,000, but it's going to take each of us doing our part to hit the mark," says Begley, also chief legal counsel for OMHS. "I'm proud of the job that's been done so far, and I expect big things to happen this week."

To finish the campaign with an exclamation mark, Begley says there are some key things that need to happen:

- Department liaisons should continue working to collect their pledge forms
- Employees should give what they can
- Everyone who is interested should participate in the Silent Auction, which runs Monday, 9/13 through Friday, 9/17. Among the items up for grabs is a Cliff Hagan-autographed basketball—sure to be a hit with UK fans. Online bidding opens Monday on the OMHS Intranet.

"Every contribution is important," Begley says. "United Way and its agencies need our help, and I'm sure OMHS will answer the call."

Ask Extra!

Q. Will the new hospital have a smoking areas?

A. OMHS as an organization recognizes the important responsibility we have in promoting healthy living and lifestyle decisions for our community, including our employees. Smoking is the number one preventable cause of death and as a healthcare provider, OMHS strongly encourages smokers to quit.

Consequently, in mid August, members of the new OMHS Get Movin' 2013 Wellness Committee held their first meeting to begin crafting a comprehensive wellness strategy for our employees. Among the many topics being considered by this wellness committee is smoking. The first step of the committee, however, is to receive employee input. To do so, the committee is conducting a comprehensive wellness survey of all OMHS employees in early October. This input will be used in developing a wellness strategy addressing a variety of health promotion issues, including the question of will there be smoking areas at the new campus. Those decisions and recommendations will be forthcoming.

Welcome new employees!



Shauna Mack- Convenient Care; Clara Hook- EPIC; Carla Greene Professional Billing; Amy Johnson- Radiology; Candice Pierce- Radiology; Kristy Knelson- Case Management; Crystal Johnson- Labor & Delivery; Jamie Lindsey- Medical 6-5; Jeffrey Action- Environmental Services; Mark Thorpe- General Shop; Christopher Fortune- Information Systems; Debra Gilmore- Emergency Department; Dianna Thy- Medical Telemetry; Jaclyn Grey- Family Care Unit; Kirsten Hodskins- Family Care Unit; Stephanie Beckhart- Cardiac Stepdown; Brooke Gray- Mother/Baby; Kelley Lee- Health Information Management

1960 nursing class holds reunion



It has been 50 years since the class of 1960 graduated from the Daviess County Hospital in association with the Murray State nursing program. On August 20th 14 of the 18 members of the class met for a reunion which included a tour of OMHS. The group visited several departments as well as the old dorms on the hospital's campus, which is now the University of Louisville classroom wing.



3rd quarter: July 1st – Sept.24th
4th quarter: Oct. 1st – Dec.17th

HIP 2010

The 3rd quarter of HIP is underway. Below is a list of classes available during the quarter. You'll need to know your employee ID number when attending. For a complete list of classes, log onto the intranet and go to the Health Improvement Plan section at the bottom of the right hand column.

September 16th – 12:00 p.m. – 1:00 p.m.
What is a Brain Attack?
New Life Education Center

September 28th – 2:00 p.m. – 3:00 p.m.
Staying in Range
HealthPark Classroom B

October 6th - 7:30 a.m. - 8:30 a.m.
How Can I Relax?
Conference Room D

October 11th - 6:00 p.m. - 7:00 p.m.
Handling Shift Work Successfully
HealthPark Classroom B

October 12th - 11:00 a.m. - 12 Noon
Burning More Calories In A Very Busy Day
Conference Room D

October 19th - 12 Noon - 1:00 p.m.
Nutrition 101
Conference Room D