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extra

news for Owensboro Medical Health System employees

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**Owensboro
Medical Health System**

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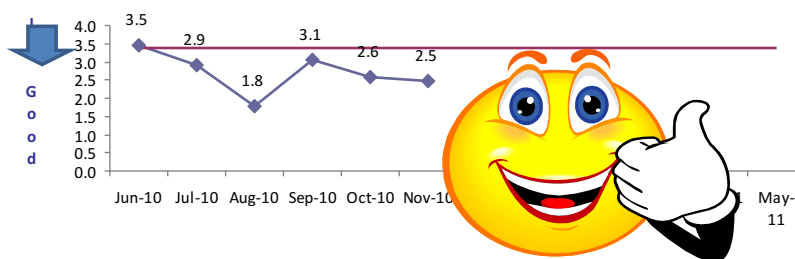
"We're constantly working to get better."

QUOTE OF THE WEEK

Cynthia Alvey, RN, MSN

on patient fall organizational goal

OMHS exceeding its goal of preventing falls



Preventing falls means shorter hospital stays and could mean better recovery for the patient.

One of the biggest risk factors for patients while in the hospital is falling. If a patient falls it can mean further injury during a time they are trying to recover. Falling can also lead to longer hospital stays and even death if the fall is serious enough.

"We don't want that person to suffer harm because of a fall," said Cynthia Alvey, director of nursing support services for the hospital.

At OMHS staff work everyday to prevent patients from falling and the numbers show that the hospital is meeting its goal of preventing falls. Pilot programs, like 5-5's pennants that stick out from the doors of rooms where patients are at high risk of falling, are helping to reduce the number of falls. A team at OMHS has also developed a fall risk assessment that will let nurses know if a patient is at risk of falling, so the proper precautions can be taken to make sure that person does not fall.

According to Alvey, the majority of falls are patients trying to get out of bed to use the bathroom.

"That's why intentional rounding is so important," Alvey said. "If a patient knows you're coming back to check on them at a certain time, they are probably less likely to take a risk and get up on their own."

The bar has been set high... or low depending on how you look at the goal. For every 1,000 patient days the goal is 3.4 falls or less. Year-to-date staff has averaged 2.7 falls.

"We want to be as close to zero as we can get," Lisa Thompson, director of quality and patient safety said. "Naturally as a healthcare provider, our goal is to protect the patient and reduce the risk so they don't have harm."

So, what are some ways staff can help prevent falls? One of the big ways according to Alvey is the delay setting of the bed alarm. She says it needs to be at no more than three seconds. If the bed alarm is set longer, the patient could have already fallen before the alarm sounds in the nursing station.

Another fall prevention dealing with the bed alarm is making sure there's a reminder card on the bed to reset the alarm when a patient is brought to the room from another area. It's also important to have the volume loud enough so it can be heard from the hallway.

While OMHS is exceeding its goal, the work doesn't end now.

"There's always room for improvement," Alvey said. "We're constantly working to get better."



Upcoming Events at OMHS

January 13th

New Hospital Employee Campaign Kickoff

Get your team together. The kickoff will be held in the Conference Center from 10:00 a.m. to 2:00 p.m. A relay race will be held.

January 16th - 18th

Scrub sale

The Volunteer Auxiliary will be selling scrubs in the OMHS Conference Center. The sale begins at 9:00 p.m. January 16th and runs continuously through 3:00 p.m. on January 18th.

January 18th & 19th

Teletracking System Training

One representative from EVERY unit that uses the current Teletracking application needs to take part in one of these 16 classes. The department liaison can go into Lawson to sign up for a class. Log into 'Employee/Manger Self Service' and select training, then registration by course and look for the course "Teletracking Train the Trainer".

Trainers will have the responsibility to return to their area and train others who may use this application.

Do you have an OMHS related event you'd like to share in Extra? Send it to stuart.peck@omhs.org and we'll include it in the 'Upcoming Events' section!

Employee campaign kickoff is Thursday!

The OMHS Intranet

Success Sharing 2011

10 - May 31, 2011

The OMHS Success Sharing Plan is all about commitment to outstanding patient care by exhibiting performance in the areas of quality, satisfaction, patient satisfaction and financial. It takes all of us working to achieve great. Help you understand this year's plan, we added the following video series to explain how it is measured. Simply select from choices and view at your convenience. As a key to your hard work and dedication, it's key to being a Top 5% rated hospital.



What's New:

2011 Employee Campaign Kickoff :

- January 13, 2011, Thursday: 10:00 a.m. - 2:00 p.m.
- Stop in as your schedule allows
- Snacks, refreshments, door prizes
- Form your team of 4 people to compete in the OMHS Healthcare Olympic Relay Races
- Teams will sign up in advance for a time slot on January 13

[Sign Your Team Up Online](#) · [Get More Info](#)

Safe Patient Handoffs With The 'Ticket To Ride'

[Ticket To Ride - Watch Video](#)

New Hospital



To sign up a team log onto the intranet and click on the employee campaign kickoff section.

When: Thursday, January 13, 2011 - 10:00 a.m. - 2:00 p.m.

Stop in as your schedule allows. There will be refreshments and door prizes.

Where: OMHS Conference Center

Employees can form teams of four to compete in the OMHS Healthcare Olympic Relay Races. Teams will need to sign up in advance for a time slot on January 13. To register your team, you need to log onto the intranet and visit the employee campaign kickoff section.

The team with the fastest time will win the coveted trophy and an awesome prize for their department! You can also turn in your pledge card at the kickoff with a contribution, to receive a pair of OMHS logo crew socks and an extra chance at winning one of our awesome door prizes at the close of the campaign: A Wii, an iPod Touch, a digital camera, vacation days, HealthPark memberships, and much more!

If you are not able to attend the kickoff, turn your completed pledge card in to your department representative, and you will receive the socks after the close of the campaign on February 3rd.

Services

Work Orders

Facilities Work Orders
IS Customer Support Portal

OMHS

Tools/Information

Advanced Directive Packet
Call Center Current List
Capital And Contract Forms
DCR Tracker
Internet Mail
Extra/Press Releases
Food Service Menus
Lexi-Comp Online
Medtract
Online Testing
Outside The Walls
Partnership For Caring- Employee Discounts
Pastoral Care Call List
Phone Book
Pre Printed Orders
Physician Call Schedule

'HoverJack' system now available for units

The system has the ability to lift people who have fallen

OMHS now has a 'HoverJack' and it's ready for use. The house techs will be in charge of keeping this new piece of equipment. It can be summoned by calling the OMHS switchboard who in turn calls for the house techs on their radio or pages them on the overhead system. This can also be requested through 'Teletracking' as a general house tech run, but since typical use for this equipment will be urgent, it will generate the quickest response by going through the switchboard.

"As we think of quality care, the 'HoverJack' can lift patients while preventing possible added injury to the neck or spinal column," said Tony Rodgers, manager of patient transport.

The hospital has the additional battery pack and pump so the 'HoverJack' can be used practically anywhere, including the parking lot.

Volunteer Auxiliary donates more than just time



The Gift Shop is the primary funding source for projects the Volunteer Auxiliary funds. All proceeds from the shop go to the Auxiliary.

Money from fundraisers goes to projects at the hospital

Bake sale, jewelry sale, book sale, scrub sale, purchasing a chance to win a quilt and buying something in the Gift Shop – what do all of these things have in common?

The proceeds from all of the above go toward projects and programs the Volunteer Auxiliary support in order to make OMHS a better place for patients and employees.

“We are very grateful that so many employees take advantage of our sales and purchase items in the Gift Shop,” says Kelly Armour, manager of Volunteer Services. “Because, what many of our customers don’t realize is the proceeds from their purchases go to fund worthy causes at OMHS.”

Some recent projects the Volunteer Auxiliary have funded include annual scholarships for children of employees, volunteers and past

volunteers who attend college; t-shirts for children who attend Prenatal Education’s Sibling Classes; a Wii game for patients in the Behavioral Health Unit; and, the Healing Harp program which enables a harpist to play in the units every Tuesday afternoon.

In addition, the Auxiliary has provided major support for OMHS capital campaigns – including the HealthPark, the cancer center and – most recently – a \$750,000 pledge for the new hospital’s main courtyard and chapel.

“We couldn’t do these things without our employees, our patients and their families supporting our fundraising efforts,” Armour emphasized. “While we strive to provide top quality merchandise, it’s also nice to know that purchases also ‘give back’ to the hospital in so many ways.”

The next event will be the scrub sale which is scheduled for January 17th and 18th in the OMHS Conference Center.



Health Improvement Plan

Sign up for a HIP screening now by going into Lawson.

New Information!

This is a change from last year; if the Owensboro city schools are cancelled due to weather, HIP screenings will be cancelled as well. If the city schools are on a delayed start, HIP screenings will be held at the normal time. Cancellations previously followed the Daviess County school system weather closures.

In addition to the 1st quarter screening, HIP participants need to complete the online Health Risk Assessment questionnaire.

If you complete your screening during January, your name will go into a drawing for a great prize. One prize will be drawn each day of the screening. Go to Lawson and register for your screening date and time to reserve your spot. Please reserve only one date and time so everyone has a chance to enter. If you have questions you can contact Nancy Velotta at 688-4881.

HIP screenings will be held at the Breckenridge Medical Office Building on the 2nd floor across from the Women’s Pavilion in January and February. All screenings will be held in the Ford Medical Office Building suite 201 during March.

All HIP participants will need to fast 10 to 12 hours before their screening.

New Hospitalist joins OMHS team



Dr. Leonel
Guido-Cuadra

Dr. Leonel Guido-Cuadra has joined the hospitalist team at OMHS. He is board certified to practice internal medicine and completed an internship and residency in internal medicine at Georgetown University Hospital in Washington, DC.

Guido-Cuadra received his degree from the Universidad Autonoma de Centro America in San Jose, Costa Rica. Please welcome Dr. Leonel Guido-Cuadra to the staff at OMHS.

Joy Everly promoted to Director of Extended Care Services



Joy Everly

Prior to moving to the new position, Everly was Manager of Home Care.

Joy Everly, former manager of Home Care, has been promoted to the position of Director of Extended Care Services at

OMHS. Extended Care Services includes the Transitional Care Center, Regional Rehabilitation Services, Outpatient Pulmonary Care Services, and Home Care. Everly started in her new position at the end of December.

Everly has a history of success at OMHS in growing quality services for post acute patient needs. She has been recognized statewide as a leader in home care and recognized internally for her commitment to staff development. She has a career demonstrating personal growth as well holding two Master's degrees and being a licensed Nursing Home Administrator.

Welcome new employees!



Tori Lewis- CSU; Christina Nix- Neuro; Sarah Embry- Emergency Department; Debra Jacildo- Emergency Department; Joshua Whitfield- Emergency Department; Lillian Barker- Emergency Department; Tammy Haag- Electrodiagnostics; Cassie Bennett- ICU; Leanna Smith- Medical 4-4; Lorinda Gilbert- Medical 4-4; Ashley Smith- Medical 6-5; Aaron Ellis Medical 6-5; Brittanni Howard- Mother/Baby; Christina Vernon- Family Care Unit; Julia Critchelow- Pharmacy; Leah Padgett- Pharmacy; Beverly Adcock- Health Information Management; Spencer Taylor- Materials Management; Bret Maynard- Information Systems; Katie Hoehn- HealthPark Fitness; Jesse Sims- Information Systems; Elisabeth Stewart- Behavioral Health; Seth Butler- Laboratory; Charlyn Moore- Green River Heart; Heather Frizzell- Neuro; Tarren Riley- Home Care



With an 'Under-the-sea' theme, Home Care is pitting employees against employees to help refer people who could benefit from Lifeline. "If you have a visual and a competition it helps," said Lauren McCrary, the representative for Lifeline. "I think a lot of people don't even realize there's something like this out there." If you know someone who you think could benefit from Lifeline, contact McCrary at 688-4841.