



Healthy YOU!

The medically-supervised
way to lose weight!

Healthy You is a medically-supervised program for safe and rapid weight loss with skill building to help you successfully maintain a healthy weight.

- Do you have weight to lose?
- Is your weight affecting your health?
- Have you considered bariatric surgery?
- Are you ready to make some life-long changes in the way you eat and exercise?

FREE Info Session
May 25 – 12:30 p.m.

HealthPark Classroom

Contact Beth Cecil, RD, LD at 688-4852

